## **Teach with Spirit, Advance Praise**

"Most of us know what we mean by spirit. However, few teachers think there is a direct connection between spirit and the profession of teaching. Janice Fletcher once again gives teachers her fresh takes and techniques on the art and science of teaching – with spirit.

Spirit, she poses, is a generic term for the lofty nature of the consciousness, rather than a definition linked to any one philosophy. To stimulate our thinking, she pulls in quotes and passages from many philosophers and truth teachers, giving universality to her message.

If you ever thought you wanted to add energy and magnetism to your classroom, but didn't quite have a specific plan, here is your template. *Teaching with Spirit* helps you slow down your thought processes and develop specific game plans to inspire your students – providing you with specific techniques, such as her guided journals and mindfulness reminders.

You get the feeling by the end of the book that it is indeed possible for you to boost your spirit quotient in the classroom. Thanks, Dr. Fletcher: another brilliant offering from Optimal Wisdom Learning."

Susan Wilkins, M.A. Education – Instructor, Language and Culture Center, University of Houston; Writer; Customer Service and Diversity Consultant, Wilkins International Training

"My teachers were individually and collectively inspired by the *Teach with Spirit* training with Dr. Fletcher. They have a new sense of purpose and an awareness of their influence as teachers. It is exciting to see them engaging in their teaching duties with more focus and enthusiasm. Learning the functions of the left/right brain in the six-step process that leads to an optimal learning moment has given them more insights. The same process transfers to the students, increasing their higher level thinking skills. The *Teach with Spirit* training was effective and interesting. It positively shifted each of us on a personal level."

Marie Martin, Principal, George Town Primary, Grand Cayman, Cayman Islands

"I am completely moved by *Teach with Spirit*. Profound! It's an important guide for teachers dealing with concepts they may have vague awareness of but have not found the guidance needed to implement them. Dr. Fletcher presents a plethora of ways to experience, contemplate and act on the spirit that exists within each teacher. This awareness of spirit enhances student learning and provides profound joy to the teacher who has learned to lead with selflessness and empathy. Once read, the teacher will be changed forever in a positive

light and will find themselves compelled to share that light with each and every student they encounter."

Loren Eischeid, M.Ed., Former teacher and leader in numerous child advocacy organizations (Georgia PTA and National PTA, Girl's Inc, First Steps, Prevent Child Abuse Georgia, WINGS FOR KIDS)